



Minnesota Women of Today Chapter Mailing



September/October 2025

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Shirley Viesselman
State President
1015 Jefferson St SE,
Hutchinson MN 55350
320-298-5162
president@mnwt.org

Happy Trimester 2

Dear Members of Minnesota Women of Today,

I hope this message finds you sparkling! As I take a moment to reflect on the incredible impact each of you has had this first trimester on your chapters and communities, I do so with gratitude and inspiration. Your dedication and passion for the Minnesota Women of Today, fostering positive change, deserve to be celebrated.

Every small act of kindness, every initiative you champion, and every moment you invest in uplifting one another creates ripples that extend far beyond what you may see. Each time you lend a helping hand or share an encouraging word, you contribute to a culture of support and empowerment that inspires others to do the same. It's in these seemingly simple moments that change begins.

As we navigate the challenges and triumphs that come our way, remember that your voice and actions matter. Together, we are stronger, and when we unite our efforts, we can tackle even the most daunting challenges facing our communities. Keep pushing forward with your projects, expand your networks, and embrace new ideas that can benefit those around you.

I encourage you to think of how you can continue to create positive ripples in your own lives and the lives of others. Whether it's through community service, mentorship, or simply being there for a friend in need, each of you has the power to make a difference.

Soon, we will be gathering for the Fall State Convention to celebrate our 1st Trimester successes and each member in this organization. I hope that you will share stories of what you've learned with each other to make a positive change. Together, we will take pride in our contributions and cherish the unique strengths that each member brings to the table.

Thank you for your unwavering commitment and passion. Let's keep creating those ripples and making waves of positivity wherever we go!

With gratitude,

Shirley Viesselman

MNWT State President 2025-26

TOGETHER



We Can Do It!

Membership Team

Andrea Schue

Membership Vice President (MVP)

Hello Members,

As we wrap up the 1st Trimester, I need to take a moment to thank all you amazing members for all their success and growth! It truly has been EPIC first trimester!

I want to remind you all that in addition to growth, retention is the backbone of our organization so please remember to be investing in your current members. Looking forward to see what we can do together in Tri 2.



Plan for Membership Week!

The second trimester MNWT Membership Week (**November 5-11**) is a perfect opportunity to do something special for your members. While it may seem far off, planning early increases your chances for a strong turnout and a successful event. Start brainstorming now to make the most of this dedicated week!



Connie Fink

Chapter Management Vice President (CMVP)

◆ **What an Amazing 1st Trimester!** ◆

Thank you for all your dedication and hard work. It has been a joy reading about everything your chapters are doing!

Huge shoutout to everyone who submitted their Fast Start and joined us at the President/State Delegate Retreat. All your energy and commitment set the tone for a fantastic year!

◆ **Exciting News!** ◆

Be sure to check out my Fall State CIP for a fun twist to this year's challenge for 15 & Under chapters that you won't want to miss. Plus, get the scoop on the 2nd Trimester challenge and how to enter the drawing!

Tri 2 Presidential Success Bonus Points

Submit a project for the Project Library
(50 points – verified by CSC)

Or

Deliver an MNWT 10-minute orientation at a chapter meeting
(25 points – verified by Chapter Minutes)

Or

Participate in Membership Week and sign a new member
(50 points – verified by the MVP)

Or

Submit an article to the NEWSLET
(25 points – verified by the NEWSLET editor)

Or

Submit an Outstanding Award Nomination
(25 points – verified by the SPMs)

(Maximum 100 points)

Glorie Balfanz
Extensions Director

Did You Know?

Our national organization has a lot of information to help start new chapters. One of them is the [Extend Your Hand Initiative](#). It is found on uswomenoftoday.org. Look for it under USWT Staff dropdown, [Extensions Director](#) page.

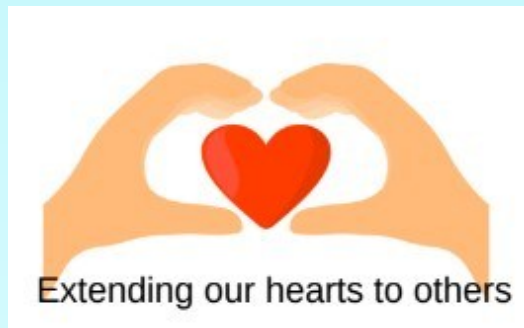
Information like this can also help at your M-events. Make sure to share this information with prospective members. It has information on how to reach out to members to all ages, including Gen Z.

Here are some examples of information found on the Extend Your Hand Initiative:

Why is Women of Today Unique?

- ◆ We are diverse in what we have to offer.
- ◆ We have programming options on the US, state and chapter levels.
 - ◆ You make friendships that last forever.
 - ◆ It is a nurturing and safe place to be yourself.
 - ◆ We learn from each other.
- ◆ We make a positive impact on our community.

As always, reach out to me with questions on starting a new chapter in your area. extensions@mnwt.org



Programming

Sue Sangren

Programming Vice President (PVP)

Seeking Suggestions for the Next Priority Area!

As we continue into the second year of our current Priority Area, REACH, I am actively seeking suggestions for the next organization we will support. The Priority Area is a vital part of our mission, giving members the opportunity to come together in support of a statewide organization in need. Through this initiative, we aim to raise awareness, collect supplies, and generate funds to help make a meaningful impact.

Over the years, we've partnered with a variety of incredible organizations, including:

- **Girl Scouts** (2003–2006)
- **Jacob Wetterling Foundation** (2006–2009)
- **Can Do Canines** (2009–2012)
- **Isaac's Journey Foundation** (2012–2015)
- **Breaking Free** (2015–2018)
- **Wishes and More** (2018–2021)
- **Crescent Cove** (2021–2024)

As we look ahead, a new Priority Area organization will be selected and voted on at the Annual Convention in May. This organization will become our statewide focus starting in the 2027–2028 programming year.

If you have an organization in mind that you believe aligns with our mission and could benefit from statewide support, please share your suggestion!

Please reach out to me at pvp@mnwt.org if you have any questions or are in need of any assistance.



Anita Smoley Priority Area

Wow, where has the summer gone. Back to school we go! Convention is only a few weeks away so get you nominations in for the Project of the Tri and Outstanding Program Manager which is due by September 2nd. If you are in need of any assistance you can email me at priority-area@mnwt.org.

Please remember my first Tri challenge for every gift card of the amount of \$5-10 for awards to students in the REACH program. Examples of gift cards could be Fast Food, Target, Walmart, etc. Please bring the gift cards to the Project Fair on Friday night for Casino night. Members or chapters that participate will have their name entered in a drawing for a basket at Fall State Convention at the business meeting on Saturday. Every gift card will get one ticket.

Now is the time to see where we can help with REACH. By volunteering, fundraising for your local school. If you know of a new school that is doing REACH this year let me know, so we can add them to the list.



Carolyn Fortier Living and Learning



Greetings!

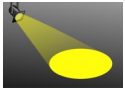
Fall is in the air! Before we know it the leaves will be changing color and pumpkin spice lattes will be everywhere we look. I am continuing to email weekly guided journals to any member that is interested in participating. If you would like to join the mailing list, please email me at ll@mnwt.org and I will get you all of the previous pages as well as all of the new ones.

Please remember to complete your [MNWT Living & Learning Certification](#)! This can be done online and only takes a few minutes to complete. Did you know there is also a [USWT Wellness and Personal Development Certification](#) member can complete. You can find on the USWT website, uswomenoftoday.org (USWT Staff, dropdown, [WPD Program MGR](#)).



Programming, Continued

Sarah Midas
Youth of Today



Shine a Spotlight on Youth!

Do you know an incredible young person making a difference? Remember to submit your Outstanding Young Adult nomination [pdf](#) or [emailme form](#) by Nov. 1st and help us honor their impact!

Plus, we want to see your chapter in action! Send photos of your team volunteering with local youth to yt@mnwt.org and you'll receive a **Free** gift at Fall State.



Let's celebrate youth leadership and your chapter's dedication!

Youth Today. Leader Tomorrow!

Tami Borgen
Community Connections



NOMINATE NOW!

Make a Difference Day is October 25, 2025.

It is a National Day of Community service where individuals and groups come together to volunteer and improve the lives of others.

There are many ways we can make a difference, and I encourage all members, either individually or as a Chapter, to make that difference wherever possible!

Does your Chapter have a great and rewarding collaboration with an event in your community, or does your Chapter have an awesome CC LPM?

Please consider submitting a nomination, DUE 9/2, for Project of the Trimester and Outstanding Program Manager to be awarded at Fall State!!

I am here to help, email cc@mnwt.org



The nominations can be submitted by paper or an easier Google form submission mnwt.org/MembersHomepage/ProgrammingResources.



Virginia Haberman
Women's Wellness

Thank you for filling out your Fast Start. I truly enjoyed reading all of them and your goals for this upcoming year. I hope to meet many of you at Fall State. As we close out Trimester 1 and start thinking about Tri 2, we begin to shift our focus to planning for the fall. I promise there will be no mention of pumpkin spice in this mailing!

Do you know anyone in your community who deserves recognition? I know there are many people throughout our state who do important work for the welfare of others and should be recognized. Now is the time to start the process for the [Women Who Impact Award](#), as it is due Nov. 1st, and the process takes time to complete.

Tri 2 Focus: Nutrition

This trimester, we're focusing on nutrition, with an emphasis on ultra-processed foods, what they are and how they impact our health. Watch for informative posts on Facebook!

My challenge to you: pay attention to what you eat and note how many items are ultra-processed. While we can't eliminate them completely, we can reduce them by making small, healthier choices.

Please share your favorite healthy snacks or meals with me. I'll compile them into a Google Doc and share with anyone interested.

Domestic Violence Awareness Month

October was first declared as National Domestic Violence Awareness Month in 1989; therefore, spread the word, **PURPLE THURSDAY, WEAR PURPLE OCT. 19TH**, or at your October general meeting. It is our time to recognize the survivors and be a voice for their victims. Share your pictures to ww@mnwt.org.



Please share this important information about Domestic Violence:

As documented by the National Child Trauma Stress Network, "there has been substantial progress in reducing domestic violence. On average, 20 people are physically abused by intimate partners every minute. 1 in 3 women and 1 in 4 men have been physically abused by an intimate partner, and 1 in 5 women and 1 in 7 men have been severely physically abused by an intimate partner. Millions of Americans live in daily, silent fear within their own homes. In addition, every year, millions of children are exposed to domestic violence. Domestic violence incidents affect every person within a home and can have long-lasting negative effects on children's emotional well-being, social and academic functioning."

I know that was heavy, but we must discuss it and support our family, friends, and/or co-workers. Help is available.

Let's Honor the Deserving People in Our Lives!

By Mary Kaminski, Awards Subcommittee Chair

Do you know any amazing people in your community that could use some recognition and appreciation? We all know them, the everyday heroes who quietly go about making the world a better place for all of us. The MNWT Outstanding Awards are your chance to celebrate these awesome people!

The Minnesota Women of Today honors these outstanding people at Winter State Saturday Evening Awards Banquet. Awards are presented in the following categories:

Outstanding Young Adult – nominees from grades 11-12 are judged on involvement and contributions to others and the community. The honoree(s) are awarded a scholarship provided by the MNWT Foundation.

Person with Determination Award – Nominees will be judged on their perseverance and how they have forged new paths through obstacles to become an integral part of their community. The honoree will receive monies provided by the MNWT Foundation for the charity of choice.

Woman Who Impact Award – nominees will be judged on their contribution to and impact upon their communities. The honoree will receive monies provided by the MNWT Foundation for the charity of choice.

Guidelines and submission instructions:

[fdc OutstandingAwardsManual-2020.pdf](#)

[EmailMe Form - MNWT Outstanding Young Adult Nomination](#)

[EmailMe Form - MNWT Person with Determination Nomination](#)


[EmailMe Form - MNWT Women Who Impact Award Nomination](#)

The entry fee for each nomination is \$25.00 and is due to the Chapter Service Center by November 1st. The nomination itself must be sent electronically to fdc-awards@mnwt.org by November 1st.

The nomination and judging processes are electronic and have been very successful in the past! All awards will be submitted electronically, and all judging will be done online.

Contact me at fdc-awards@mnwt.org with any questions about the awards.

Michelle Cloutier
Administrative VP

 Wow! Our fabulous District Directors and State Delegates have truly made an impact during Tri 1, creating sparks of inspiration and ripples of connection across their chapters and districts!

As we move forward, our District Directors are keeping the momentum going with chapter visitations, district socials, and preparations for an unforgettable Fall State Convention, all leading up to their Tri 2 Meetings.


SAVE THE DATE

Tri 2 District Meetings:

- District 2– Sunday, October 26th
- District 3– Saturday, October 18th
- District 4– Saturday, October 18th
- District 5– Saturday, October 25th
- District 6– Wednesday, October 29th
- District 7– Saturday, October 18th
- District 8– Saturday, October 11th
- District 9– Saturday, October 11th

 **Exciting Start for Our State Delegates!**

We're off to a fantastic start this year. Seventeen (17) State Delegates attended the President/ State Delegate Retreat on Aug. 2nd in Albertville. It was a great day filled with fun, sharing, and collaboration.

 If you haven't joined our private Facebook group yet, now's the time! Just search "State Delegates 25-26" on Facebook and request to join, or send me a message at avp@mnwt.org.

Let's keep the energy going all year long!!!



Deb Froemming
Presidential Assistant



I hope you are having a great year sharing Ripples of Kindness! Keep collecting pictures and memorabilia from your chapter events to create awesome memories of the year.

All Executive Council members and Chapters are asked to create a 12 x 12 scrapbook page which will be placed into an album and given to President Shirley at Annual Convention. Scrapbook pages were handed out to the District Director to distribute to chapters. Deadline is April 1, 2026. Have fun and be creative!

Send me an email (pa@mnwt.org) and share a random act of kindness to be shared on the MNWT Administration FB page. Let's show each other some Ripples of Kindness from around the state! You will receive an incentive from me at Winter State. Spread some joy and see what happens.

Districts and Chapters are asked to contribute \$10-\$20 for a Year End Gift for President Shirley. Checks can be mailed to the Chapter Service Center with "Pres YE Gift" in the memo. Please reach out to me with any questions or gift suggestions for President Shirley.



Financial Express

Sharon Scholl
Financial Vice President (FVP)



With the fall season approaching quickly, time to stay focused and on track. Can you believe we are already three months into the 2025-26 chapter year.

Don't become derailed– Remember these upcoming dates:

- ♦ Sept. 1st– IRS 990N & State of MN Annual filings due.
- ♦ Sept. 8th– Last Date to order the Ways & Means Coffee/Tea Fundraiser.
- ♦ Sept. 19th-20th– Fall State Convention

Chapters Enter Today


All Aboard the Moolah Train!

 Chapters—did you know that by increasing your trimester Ways & Means donation from \$35 to **\$50**,  you'll earn a **“Ticket to Ride”**?

What could your chapter do with a **\$150 VISA gift card**? At Annual Convention, two lucky “Ticket to Ride” holders will be upgraded to a Golden Ticket—and each winner will receive a \$150 VISA gift card!

You can purchase a ticket as a chapter, an individual, or team up with friends to share.

 Tickets will be available at the Fall State Project Fair or by mailing your donation to the Chapter Service Center.

Don't miss your chance to ride the Moolah Train—and maybe win big! 



Trimester 2 Fundraiser

Get Ready to Go Poppin'!



Mark your calendars! The Tri 2 fundraiser is coming Nov. 1st-15th, and it's all about one thing– **Poppin' Corn!**

While the hunters are out in the woods, MNWT members are hunting online, from the cozy comfort of a blanket, a Hallmark movie playing, and a warm drink in hand.

This is your chance to order delicious popcorn and sweet treats, perfect for gifting to friends, teachers, daycare providers, your mail carrier, and yes, even your favorite Amazon delivery person!

Perks:

- * Shipped directly to your door.
- * Order individually or combine chapter orders to one location.
- * Supports the daily operations of MNWT!

Watch your chapter emails and Facebook for all the details. Let's make this fundraiser a popcorn-packed success!



Liz Weigel
Parliamentarian

The MNWT Bylaw and Policy Review will be on Oct. 8th at 6:30 pm by zoom. All members are invited. For all those who do attend you will receive a small incentive at Winter State. Please send me any bylaws or policies changes you would like us to review (parli@mnwt.org).



Jeny Ohr
Secretary

State POA

Once again thank you to all the chapters and members who contributed to the printing of the State POA! For chapters requested printed copies, they will be distributed to District Directors at Fall State. If you prefer digital, you can find it on the website (mnwt.org) under the Members Homepage > Publications page.

Agendas

Did you know that every chapter and district should be using an agenda for all their meetings? If you'd like help creating one or want feedback on your current agenda, I would be happy to assist! Just email me at secretary@mnwt.org.



Minutes

If you have not sent in your Tri 1 minutes for review yet, it is not too late! Send them my way, and I will return them with a checklist to help you stay on track. Together, we can stay organized, efficient, have a successful year.

“The Spark Corner” with MKVP Maggie

Maggie Holmberg Marketing Vice President (MKVP)

With Fall State Convention award the corner did you know there are Marketing Awards you are able to nominate your local members for? There are two options for Newsletter of the Trimester and for a Marketer of the Trimester. These awards are great to recognize your chapter and members for all their hard work in marketing in the first trimester! There is a link on the website (mnwt.org) under Marketing on how to complete the nomination!



Let's celebrate all the creative and important work done by marketing that helps increase membership, participation, and fun!



MARKETING IDEAS THAT WORK



Create or Use the Following

- Chapter Logo
 - Use it on all documents
- Chapter Brochure
- Chapter Newsletter
- A Chapter Color
 - Shirts
- Social Media Posts
 - Share
 - Invite
 - Add fun pictures
 - Post 3 times a week
- Banners
- Flyers



Do you need help with any of these things?
Don't hesitate to contact me at
mkvp@mnwt.org

Riding the waves
of the future



Tevyan Sorensen Chairman of the Board

Happy September and October members!

COB Tevyan here and I want to invite you to follow along on Facebook for the upcoming USWT Mid-Year Convention on Oct. 3rd-4th, 2025 in Mansfield, MA. We will be live posting from Minnesota coalition events and sharing fun from USWT!

Congratulations again to all of the honorees from the USWT Annual Convention in June. We will recognize you all at Fall State Convention. Look online for the video recap after convention if you miss it.

ONTO

USWT Convention is not just about awards, but is also a great time to connect with members across the country. There are new ideas and encouragement for growing & strengthening your chapter. The ONTO Committee promotes attendance and raises funds to offset costs for the Minnesota coalition. There are two ways to contribute now.

Get your **ONTO Shirt** and support President Shirley and Creating Ripples! Order from <https://shorturl.at/7X8jR> or go to the Members Resources homepage on mnwt.org.



ONTO Water Drops to create a ripple across the MNWT Ocean! Let our members know how much you appreciate them by sending them a drop for their "bucket" and we will also



build an ocean. For each drop, the recipient will receive a special note at the Winter State luncheon from you. For anyone not in attendance, their drops will be sent to their chapter. Also, a drop will be displayed during the luncheon as we build out the ocean. Let's see how far we can make waves for the future!

Purchase a "water drop" to recognize members across MNWT. You can provide a note to the member and they will be given a paper "water drop" with your note and a second drop will be displayed at Winter State Convention. Let's fill up the ocean and watch your ripples make a difference across MNWT.

A drop is \$2/each or \$5 for 3. For more information, check out the COB page or Member Resources page on mnwt.org. Or email cob@mnwt.org.

2025 - 2026 ONTO Shirt Order Form

Support President Shirley & MNWT when you are out and about in Minnesota and at National Conventions with your own ONTO Shirt. Orders received by July 19 will be available for pick up at President/State Delegate Retreat or by September 1 will be available for pick up at Fall State Convention.

Name: _____

Chapter: _____

Phone: _____ Email: _____

Short sleeve t-shirts are women's cut and cost \$15 each (\$2 more for 2X-4X). Long sleeve t-shirts are unisex for \$18 each (\$2 more for 2X-4X). See link to online order on COB page on mnwt.org or send your order form and check to Tevyan Sorensen, 19743 Henning Ave, Lakeville, MN 55044. Checks should include "ONTO shirt" in the memo or email cob@mnwt.org and Venmo @Tevyan-Sorensen.

Size	SS Qty	LS Qty
Small	_____	_____
Medium	_____	_____
Large	_____	_____
XL	_____	_____
2X	_____	_____
3X	_____	_____
4X	_____	_____



CREATING RIPPLES

 MINNESOTA WOMEN OF TODAY
 2025-2026



Total SS Qty _____ x \$15/17 = \$ _____

Total LS Qty _____ x \$18/20 = \$ _____

Amy Pumper
Future Directions Chair (FDC)

Future Directions is truly working towards taking the Minnesota Women of Today into the Future. As mentioned in the last Chapter Mailing article, there are several subcommittees and task forces working towards making that happen.

Let's focus on the Convention Task Force that looked at many things including:

- * Content of conventions – being intentional of what is being offered
- * Potentially going from 3 conventions to 2 – it was decided to stay with 3 per year as long as the content offered is worthwhile
- * Sunday breakfast at Fall State – it was decided to let the president make the decision each year
- * Round tables and Forums - Focus on value and good information for the topics/ maybe one per year per SPM so more can go into the planning
- * DJs/interactive activities, contests, and fun to the parties

With these recommendations, the Convention Task Force has met its goals and has been discontinued.

More updates will be shared via the [Committees Facebook page](#) – watch for the Future Directions Fridays posts for more information. Want to know even more, or how the decisions are made, check out our next meeting! See the flyer included in this mailing.

There are Oceans of Possibilities



With Future Directions

Statewide Committees

Allie Staley
Membership Management Chair (MMC)

The Membership Management Committee is beyond excited to welcome all of our amazing first-timers to convention! This is your chance to jump right in, soak up the energy, and experience all that Women of Today has to offer. We can't wait to see you join in the fun, connect with new friends, and discover the spirit that makes our organization so special.

So grab your beach gear and get ready, because this year's convention is shaping up to be one great beach party! As a special treat, first-timers will receive a small gift from me to help kick off the weekend. Most importantly, you'll have the chance to meet and mingle with the incredible members who make up Women of Today—people who are ready to support, inspire, and cheer you on every step of the way. You don't want to miss it!



Minnesota Women of Today Statewide Committee Meetings



When: Saturday, November 15,
2025
@9:30am



Where: Brainerd
Chamber of Commerce
224 W Washington St,
Brainerd, MN 56401



Marketing Committee @10:00
Membership Management
@11:00
Lunch @ 12noon
Future Directions @ 1:00PM



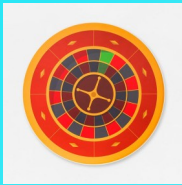
Riding the Waves into Fall State!



We're surfing straight into Fall State Convention and the beach vibes are strong! Whether you are a first-timer or a seasoned member, this is your chance to dive into all the fun, connection and inspiration that our organization brings.

Pack your flip-flops, grab your beach gear and get ready for a weekend full of sun, fun and fellowship. From exciting Casino themed Fall project fair, fun enrichment sessions to unforgettable socials and Saturday night party, there's something for everyone on this beachy adventure.

Friday Night Project Fair



I can hear the excitement of Fall Convention across the state. The programming team invites everyone to attend the Friday night Project Fair that will be casino themed. As you walk around and meet with the different areas of MNWT, you will have the opportunity to earn a card by asking questions. There will be specific poker hands that you will be striving to build, and when you get that hand, stop by the Marketing table to enter to win 1 of 4 different prize baskets. The baskets will be given away at the meeting on Saturday.

****PVP Sue****

I'm so excited to see you at Fall State Convention. Be sure to swing by the Youth of Today table for fun activities, helpful info on how your chapter can nominate an Outstanding Young Adult, and some exciting ways to support our cause. In the spirit of our Casino Theme Project Fair we will have:



- * Games for a small fee
- * Mystery boxes-available to purchase- I will even deliver them to your friends or chapter members during the weekend!

All proceeds go toward scholarships for our Outstanding Young Adults, so every game played and box purchased helps make a difference.

****Youth of Today SPM Sarah****



I am not sure how it is the end of Summer 2025, but here we are! Your SPM's are busy getting ready for Fall State, and we are looking forward to seeing all of you there! Come and see me at the project fair on Friday night at Fall State! I will be raising money for the Person with Determination Award by awarding a fun Game Night Basket and will also have information on True Friends.

****Community Connections SPM Tami****

In August, we shared new 10-Minute Orientations on the Membership Facebook page to help train your members. Paper copies will be available at the Membership table during the Friday evening project fair—please pick them up and use them to train your chapter.

****MVP Andrea****



MNWT FALL STATE BEACH PARTY

FRIDAY, SEPTEMBER 19TH

Fun & Laughter at the Fire Pit... A great way to start the weekend!

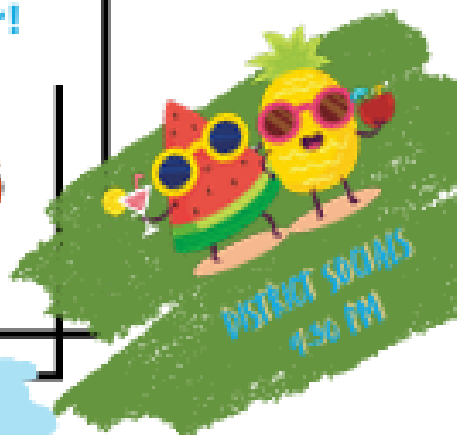
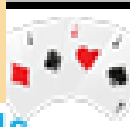
The fun begins outside "The Lodge" at the Fire pit, from 5-7 pm with an **"EAT & GREET"**
Bring a lawn chair.
For \$5, roast a hot dog/brat and a s'more.

Join President Shirley, Parli Liz and other staff members for the Convention Kickoff. It will start at 5:30 at the fire pit.

MNWT EXPO & PROJECT FAIR 7 - 9 PM

Join the Programming PVP and SPMs and explore all that MNWT has to offer!

- Programming Information with a casino twist
- ONTO, Finance & Foundation
- Membership & Marketing
- Shop with a variety of vendors
- MNWT State Store



DISTRICT SOCIALS
7-9 PM


ROUNDTABLES 7PM

Chapter Presidents & State Delegates gather together to support each other & get new ideas for Tri 2

There will be awesome enrichment sessions on Saturday at the convention hosted by the SPM's.

- * Youth of Today SPM Sarah– Don't miss my breakout session on the Fall State schedule, and get ready for a scavenger hunt around the hotel, fun and surprises guaranteed! I will also have a drawing for a Gift Basket at Fall State. Each chapter that submits an activity that the chapter did to "connect with children" during the 1st trimester will receive an entry into the drawing.
- * Community Connections SPM Tami– Come to "The Golden CC Awards" and learn about the awards for the Community Connections area!
- * Women's Wellness SPM Virginia– Physical fitness and your health with SPM Virginia. Explore how physical fitness contributes to holistic health and discover practical tips for applying these concepts in daily life. We will also learn some low-impact chair workouts. Wear comfortable shoes.
- * Living and Learning SPM Carolyn– Plan on participating in my Impromptu Speaking event. The topics are fun and you will have a great time.

SATURDAY, SEPTEMBER 20TH



The morning starts with the **BUSINESS MEETING**... find out what your Staff and SPMs are promoting, who completed their Tri 1 challenges, and what you can expect in Tri 2

MEMBERSHIP LUNCHEON

We celebrate YOU, our members... renewal ceremony, service years recognition and membership program.

Lucky Buck Baskets for Chapter Grants

Traveling Thru Book and Brews

(Books, Coffee, Tea, Wine)

Crate of Crispy Days

(Everything to warm you up on a chilly day)

Tech Basket

(Everything TECH from the Past Presidents)

ENRICHMENTS

There are several opportunities to learn something new by attending a morning or afternoon session with your SPMs, Staff, and Guests.

- **The Golden CC Awards, w/SPM Tami**
Learn the Who, What, Where, When, or Why of the awards for the Community Connections area and what makes them "Golden"
- **Trail Mix and Parliamentary Procedures, w/Parli Liz & DD9 Lisa**
Refresh your Parli skills and create a trail mix
- **Scavenger Hunt w/SPM Sarah**
Go on a scavenger hunt around the hotel - take photos - great youth activity idea
- **REACH Discussion w/SPM Anita**
Hear from REACH participants about the difference it has made in their life
- **Personal Growth with MNWT w/MVP Andrea and PP Amy**
Are you taking advantage of MNWT growth opportunities...learn more about offerings
- **Physical Fitness and Your Health w/SPM Virginia**
Physical fitness extends beyond physical appearance and basic health metrics. Explores how physical fitness contributes to holistic health and provides practical tips on integrating these concepts into daily life
- **Impromptu Speaking Competition w/SPM Carolyn**
A great opportunity to refine your public speaking and build confidence

Saturday Night Beach Party

Wear your favorite beach attire like floppy hats, cover-ups, and Hawaiian shirts. Enjoy a night of dancing, music, and games.

EVENING BANQUET

Celebrate our Tri 1 successes, awards, and recognition!
Bring \$\$ for 50/50 cash drawing

MNWT Foundation

Hello MNWT Members from Your Foundation Chair!

Holy cats—we're already through Trimester 1, and Fall State Convention is right around the corner! The MNWT Foundation is excited to announce we'll have **three amazing Chapter Grant Baskets** available at the luncheon for you to win!

This year's baskets include:

- *Tech Basket* – generously donated by our Past MNWT Presidents
- *Traveling Thru Books & Brews*
- *Crate of Crisp Days* (The last two are made possible by generous member donations—thank you!)

Chapter Grant Chair Allie Staley is still accepting donations for these baskets. If you'd like to contribute, please reach out to Allie or myself to coordinate delivery. Donations can also be brought directly to Fall State Convention.

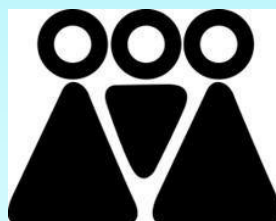
Did you know? Your chapter can apply for a Chapter Grant to help fund a local project! Applications and requirements are available on the MNWT website, and the deadline to apply is December 1st.

Be sure to stop by and see us at the Friday Night Project Fair—and don't forget to bring a few extra dollars for the luncheon raffle!

Wishing you a fantastic month ahead—and good luck at the convention!

~Laura Gaylord

MNWT Foundation chair



Remember to submit Presidential Pin and Medallion Nominations!

They are due to State President, Shirley by September 2nd.

Did you know that *anyone* in your chapter can nominate a member who has gone above and beyond this trimester? President Shirley would love the opportunity to recognize as many outstanding members as possible at Fall State!

Submitting a nomination is easy — and if you need help filling out the form, feel free to reach out to President Shirley at president@mnwt.org. She's happy to assist!

At the local level:

- The Presidential Medallion honors exceptional Chapter Presidents and State Delegates.
- The Presidential Pin recognizes any other chapter member who has made a significant impact.

Let's celebrate the amazing work happening across our chapters!



SEPTEMBER

1st	State of MN Annual Reg. and 990N filing due
2nd	Project of the Tri, Outstanding Program Manager nominations, Programming Reports, Presidential Pin and Medallion Nominations due and SUCCESS due
7th	NEWSLET articles for Post Fall state due
19th –20th	Fall State Convention
21st-27th	Women of Today Week
29th	NEWSLET Personals due
30th	Chapter President monthly reports due and New Members Adds due

OCTOBER

1st	990N filing due to IRS (\$40 late fee assessed)
3rd-4th	USWT National Mid-Year Convention
8th	State Policy and Bylaw Review
22nd	MNWT Trimester Webinar Night
25th	Make a Difference Day
31st	Chapter President monthly reports due and New Members Adds due

NOVEMBER

1st	Outstanding Awards due
5th-11th	MNWT Membership Week
12th	MNWT Membership Orientation Zoom
13th	MNWT Foundation Meeting
15th	State Committee Meetings, Early Birds due
16th	Mid-Year Exec Council Meeting

Friday 1-4pm
Join us and grab a
Jack Pine Snowy!

Friday Night
Join us for our Treasure
Hunt Dinner to come!



MNWT FALL STATE CONVENTION

BEACH PARTY

September 19-20, 2025
The Lodge at Brainerd Lakes

Saturday Luncheon

Soup Du Jour – Hickory Glazed Ham –
Smoked Sliced Turkey – Roasted London Broil –
Tossed Mixed Green Salad w/Chopped
Tomatoes, Onions, Shredded Cheddar Cheese
and Assorted Dressings – Cole Slaw –
Assorted Sliced Cheeses – Lettuce – Tomato –
Onion – Pickles – Assorted Sliced Fresh Breads
– Potato Chips – Assorted Cookies

Saturday Evening Banquet

BBQ Fire Roasted Pork Ribs
Herb Roasted Chicken
Cole Slaw
Classic Potato Salad
Garden Salad w/Assorted Dressings
Bacon Calico Baked Beans
Corn on the Cob
Assorted Rolls
Chef Choice Dessert

Saturday Night Party

Join us for a Beach Party!
Dress in your favorite
floppy hats, cover ups,
flip flops, Hawaiian
shirts, grass skirts, etc!
We'll dance the night
away with a fun night of
music and games!



Join in the Fun at the Fall State Project Fair on Friday!

Reservations need to be made by August 19, 2025. Call 218-822-5634 for reservations – mention MNWT for group rate. All suites include mini fridge/microwave. For more details visit <https://thelodgeatbrainerdlakes.com>.

Rates: \$159 – quad; \$149 – triple; \$139 – double or \$129 single occupancy.

MINNESOTA WOMEN OF TODAY FALL STATE CONVENTION 2025

Name _____ Phone _____

Address _____ City _____ Zip _____

Chapter _____ District _____

Email Address _____

Advance registration must be postmarked by September 1st. Refund requests must be made by September 8, 2025. A \$5 cancellation fee will apply. Registration received at Fall State 2025 are not guaranteed meals.

Advanced Registration (By Sept. 1st)

_____ Full Registration \$112
_____ Business Meeting \$7
_____ Saturday Luncheon \$50
_____ Saturday Banquet \$60
_____ Saturday Night Party \$15

Late Registration (After Sept. 1st)

_____ Full Registration \$128
_____ Business Meeting \$7
_____ Saturday Luncheon \$55
_____ Saturday Banquet \$65
_____ Saturday Night Party \$20

Make checks payable to

**BLAWT and mail to:
BLAWT, P.O. Box 1225,
Brainerd, MN 56401**

For General Information

Call or Text Gerrin Dehn

507-301-4820

Or email:

blawt@hotmail.com

Women of Today Information (check one):

Member First Timer Guest MNWT Past President Exec Council/Staff

Specify dietary needs (i.e. gluten free, vegetarian, etc.) _____