



**Minnesota Women of Today
2025-2026 Plan of Action
Living & Learning
State Program Manager
“Journal into Growth”**

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Goals and Implementation

- 1. Goal 1: Each trimester, offer opportunities at convention for personal growth.**
 - a. Promote Living and Learning at 2025 Fall State Project Fair.
 - b. Hold an Impromptu speaking contest at 2025 Fall State and 2026 Annual conventions.
 - c. Give a PEP course clinic at Winter State 2026.

- 2. Goal 2 : Increase participation for Living & Learning programming.**
 - a. Increase the number of chapters with a Living & Learning Local Program Manager by 10% from the previous year.
 - b. Promote by email, newsletter, or flyer with chapters every month on topics including: MNWT Living and Learning, USWT Wellness and Personal Development Certifications, PEP courses, and my theme focus.
 - c. Increase the number of completed Living & Learning Fast Starts by 10% from the previous year.

- 3. Goal 3: Each trimester, provide members with ideas and opportunities for personal growth.**
 - a. Promote Living & Learning by providing weekly guided journaling prompts for members focused on personal growth mentally, spiritually, civically, and through relationships
 - i. Incentives or drawings will be awarded each trimester for members who have completed their guided journaling.
 - b. Promote Living & Learning through my Chapter Information Packet, Chapter Mailings, Facebook postings and through emails.