



**Minnesota Women of Today**  
 2024-2025 Winter State CIP  
 Programming Vice President  
 Shaking It Up

**Michelle Kocak Jones**  
 763-229-9595  
[pvp@mnwt.org](mailto:pvp@mnwt.org)  
[www.mnwt.org](http://www.mnwt.org)



**Shaking It Up**

Hello Programming Vice Presidents,

It's hard to believe we are heading into 3rd trimester of the 2024-2025 Women of Today year! I hope that you are having an enjoyable time in your role and will continue to help with the success of our programming areas by completing reports and sending in nominations for outstanding projects and members of the trimester.

Thank you to the 15 chapters who submitted Programming Reports 2nd trimester! It is SO important to include your service hours and dollars raised (in-kind donations and monetary). Thank you for doing this task. Let's shoot for additional chapter reports next trimester!

As you read through this CIP, remember to share the information, dates and ideas with your local chapter members. Reach out to me if you have questions, concerns, or would just like to talk! Continue posting on the Facebook programming page, as it is a great tool for other chapters to get ideas of projects and activities they can implement in their communities and chapters. I love seeing what you are doing! There is so much inspiration in these posts.

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See the MNWT  
 President Chapter

3rd Trimester PVP Challenge

Nominate at least one LPM or chair/co-chair for Outstanding Program Manager of the Trimester in Living and Learning or Priority Area REACH.

Have at least 2 members join the Feb. 26 webinar for the HeartStrong presentation.

***If your chapter participates in both of the above, they will be entered into an incentive drawing.***

Dates to Remember

- Feb. 10: March Planning recommendations due
- 26: 3rd trimester webinar
- Mar. 1: March Planning-Rochester
- 2: State Committee Meetings
- Apr. 5: True Friends Clean Up Day
- Apr. 12: MNWT Statewide Day of Service
- Apr. 15: CC Award nominations due
- May 2: Project of the Trimester due to SPMs
- 2: Outstanding Program

## 2025-2026 State Program Managers Needed

Are you passionate about a specific programming area? Would you like to share your talents with others? Are you interested in trying something new? Consider becoming a State Program Manager!

Potential SPMs that bid at Winter State Convention will receive training to help you prepare and get you ready for Annual 2025. Getting started early is the key! Please contact me at [pvp@mnwt.org](mailto:pvp@mnwt.org) to find out more about the exciting role as a State Program Manager.



### Trimester 3 President Success Bonus Points

Camp Friendship/True Friends cleanup day, April 5th-have 2 or more members participate. (50 points-verified by CC SPM)

Submit the Program Manager Trimester Report (25 points-verified by PVP)

**April 12, 2025 is MNWT Statewide Day of Service.** Ideas that your chapter may consider: volunteer at a nursing home, hold a community picnic get together/park cleanup, organize a local food drive, have a bake sale to raise money for a local cause. The list is endless! Post on Facebook what you and your chapter members decided to do!

### MNWT Trimester Programming Awards

Each trimester, all 5 SPMs will recognize a wonderful project and an outstanding programming manager in their area. They review nominations sent in by chapters and districts around the state. Receiving the Outstanding Project of the Trimester and the Outstanding Programming Manager Award is truly an honor and one to be proud of.

As your chapter PVP, consider sending in a project of the trimester in each of the five areas every trimester.

*Even if your chapter does not have*

## 2024-2025 State Program Managers 3rd Trimester Highlights

**Make sure to read their CIPs to find out more about  
each programming area.**

### **Community Connections (CC)**

Sara Rocksted, [cc@mnwt.org](mailto:cc@mnwt.org)

#### ***Facebook Mondays***

Sara is promoting participation at Camp Friendship/True Friends on April 5th for cleanup day. She will also be accepting Community Connection Award nominations.

### **Living and Learning (LL)**

Sharon Scholl, [ll@mnwt.org](mailto:ll@mnwt.org)

#### ***Facebook Tuesdays***

Sharon is encouraging members to complete certifications, participate in effective writing, and for chapters to complete a PEP Course. January is Living and Learning emphasis month. It is also US Wellness and Personal Development emphasis month.

### **Women's Wellness (WW)**

Sue Sangren, [ww@mnwt.org](mailto:ww@mnwt.org)

#### ***Facebook Wednesdays***

Sue will continue to have activities throughout 3rd trimester to get your wiggle on. February is Teen Dating Violence Awareness & Prevention Month.

**“Like” the MNWT Programming Facebook page**

**[www.facebook.com/mnwt.programming](https://www.facebook.com/mnwt.programming)**

**Follow, like, and share for updates and chapter support.**

Website update: You can find Programming Forms and Resources under “Member Resources” from the main menu and then click on the “Programming Resources” page.

## The Importance of Reporting

When you complete your report forms and turn them into your chapter, district and state representatives, you are helping Minnesota Women of Today track our donations and hours served. This is when you see the big checks at Annual Convention, designating amounts (in kind-donations other than money and monetary) for each programming area and the grand total of our efforts.

**In your WRITTEN reports remember to include:**

**WHO-names of members who attended/participated**

**WHAT-name of the event/project/activity**

**WHEN-date and time of events**

**WHERE-place/location event was held**

**WHY-reason you held event, including hours/money donated**

*Example report: On August 18, from 6-8pm, Mary, Cat and Barb packed 50 backpacks for Wright County students K-12 who needed school supplies. This project, called, Helping Our Kids, was held at Resurrection Church, Monticello, with a total of 12 hours and \$50 in cash and \$60 in supplies donated from chapter members. Other organizations who assisted included Monticello Lions and Rotary members.*

When reporting hours, include those of your family members who helped, travel time to and from the event, to and from the store to get supplies, shopping, report writing, etc. ANYTHING you do from beginning to end counts-setting up location, phone calls, emails, meetings, etc.