



**Minnesota Women of Today**  
**2024-2025 Plan of Action**  
**Living & Learning State Program Manager,**  
**“Taking a Journey Down Life Street”**

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[www.mnwt.org](http://www.mnwt.org)



### Autumn Greetings to Everyone!

It’s the time of the year for flannels, pumpkins & football. It seems like only yesterday I was writing the MNJOTS CIP. It seems Tri 1 always goes by much too rapidly, but now as we approach the fall/winter season, hopefully everyone can find some time to slow down and enjoy LIFE!

I’ve been truly encouraged by the fast starts and certifications that I received in Tri 1. As we move into 2<sup>nd</sup> Trimester, let’s keep working on meeting goals by completing the Minnesota Women of Today (MNWT) Living and Learning certifications, the United States Women of Today (USWT) certifications, conducting a chapter PEP course and getting involved. Make sure to check out the LIFE STREET Passport – perfect way to become involved and have some fun also.

Have you started your journey yet this year? It’s not too late to jump abroad – check out Trimester 2 challenges and get your LIFE STREET Passport ready for the trip. I received many positive comments on using the passport as a tactic to challenge themselves – to step out of their comfort zone trying something new. That is truly what the Living & Learning portion of being a MNWT member is – growing as an individual.

I hope you will join me on this year’s JOURNEY. Please share with me either via email [ll@mnwt.org](mailto:ll@mnwt.org) or text/phone 320.761.1188 your Life’s journey accomplishments this year. I’m also available for questions, or to help you brainstorm on PEP ideas. Of course, I’d love to also visit your chapter or district meetings.



Happy Trails to Everyone!

## Sharon

### IMPORTANT DATE



Sept 22-28 – Women of Today Week  
 Oct 4-6 – USWT National Mid-Year Convention  
 Nov. 3-9 MNWT Membership Week  
 Dec. 15 – L & L Writing Essays due  
 Dec. 31 – L&L/USWT WPD Certifications due  
*\*\*Consult MNWT official calendar at [mnwt.org](http://mnwt.org) under “EVENTS” to ensure other key dates are not missed.*

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# EFFECTIVE WRITING COMPETITION

**Topic:**

## Who is the most influential woman you know? How did/does she inspire you?

Is there someone in your life who has inspired or influenced you? Did they become your role model to shape you into the woman you are? We all have someone special in our lives – here is an opportunity for you to share their inspiration.

**Essays due:** December 15

**Essay Guidelines:**

1. Length should be 600-800 words.
2. Entry fee is \$5.
3. Essay should be typed, double-spaced and on one side of the paper only.

**Essay Submission:** All essay submissions must be postmarked by December 15, 2024. Mail essay along with \$5 entry fee to: Sharon Scholl, L&L SPM, 17119 172<sup>nd</sup> Ave SE, Big Lake, MN 55309

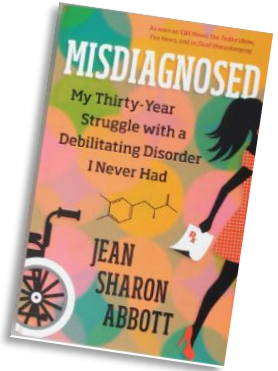


## TRIMESTER 2 – “Sharon’s Book Club”

Each trimester I will be selecting a book about a Minnesota resident who has faced challenges, risen above them and achieved goals. For those who read the select book, join me at Winter State Convention for the L&L Chat session to discuss and share your thoughts about how this book can inspire or be applied to today’s society.

### Trimester 2 Book: MISDIAGNOSED by Jean Sharon Abbott

Imagine living thirty-three years imprisoned in a disabled body, only to discover you had been misdiagnosed all along. As a young girl, Jean watched her classmates run across the playground and wondered. . .How to they do that? As a teenager, she watched her friends go on dates and thought. . .Will anyone ever love me? Jean Abbott's journey from wheels to heels is a powerful and uplifting story of faith and perseverance. . . As a young child Jean was diagnosed with spastic diplegia, a form of cerebral palsy. After enduring 3 decades of countless doctor visits, medical procedures, unnecessary medications and surgeries, she heard the words that changed her life: “You’ve, been MISDIAGNOSED.”



### PERSONAL ENRICHMENT COURSES (PEP)

There are many Personal Enrichment Programs (PEP) available to help your chapter members to learn and grow on their personal journey! A complete list of courses available can be found at [mnwt.org/pdfs/otherPDFs/officers/ll\\_pep-courses.pdf](http://mnwt.org/pdfs/otherPDFs/officers/ll_pep-courses.pdf). REMEMBER – PEP courses that are not on the approved list must be approved prior to course completion/submission. If you have suggestions for additional PEP courses, please contact the Living & Learning SPM at [ll@mnwt.org](mailto:ll@mnwt.org).

➔ Submit before 12/31/24 to fulfill another LIFE Passport checkpoint. ⬅



## TRI 2 CHALLENGES



# PASSPORT

This year there will be challenges for both the chapter LPM and the individual chapter members. Each LPM should encourage their chapter members to participate in the **LIFE STREET PASSPORT** challenges. Both LPMs and chapter members who participate by providing the required completed passport will be entered into a **LIFE STREET JOURNEY** drawing. Refer to attached Passport to distribute to participating chapter members.

### LPM Challenges:

1. Host a Chapter PEP course.
2. Submit a 2<sup>nd</sup> Trimester L&L Project of the Trimester Nomination.

**Chapter Member Challenges:** *To participate in Life Street Passport activity, must complete all three challenges listed below or any two plus one bonus challenge (total of 3 must be completed), record on Passport and submit per instructions below.*

1. Vote in the 2024 US elections on November 5<sup>th</sup>.
2. Participate in or create a new Holiday Family tradition.
3. Read Trimester 2 suggested book which will be reflected upon during Winter convention chit-chat gathering.

**\*BONUS Challenges \*** - *In addition to the basic sections of the **Living and Learning Certification**, each year the State Program Manager may add two additional items of their choice. Bonus Challenges are Optional.*

1. Set a "stretch" goal to grow as an individual on the journey down Life Street. Start a journal to record your journey of individual growth.
2. Visit an individual in your neighborhood and/or community who is new in your community, a neighbor or community members who may have lost a loved one or an elderly shut-in person, especially during special holidays. Record what you did to make brighter their day.

### How To Participate?

Participating is very easy – chapters can work together as a group or on an individual basis. Provide each chapter member with the challenges along with a copy of the **LIFE STREET PASSPORT**. Completed Passports must be submitted either via email to [ll@mnwt.org](mailto:ll@mnwt.org) or texting to 320.761.1188 by the due date. Each trimester the participants will continue to fill out their passport. **There will be drawings each trimester for those submitting their completed trimester passport PLUS a year-end drawing for those who complete all three trimester challenges.**



### Fast Starts

Cindy Golbuff, Blooming Prairie  
Sherry Laing, Albany  
Diana Johnson, Monticello  
Tara Soule, Duluth  
Rose Swenson, Anoka  
Christine Knirk, Burnsville,  
Melanie Chenoweth, Coon Rapids  
Lori Goutermont, STMA  
Andrea Williams, Aitkin  
Judy Moldenhauer, Sauk Rapids

### MNWT L&L

Sandy Trossen, Sauk Rapids  
Cindy Golbuff, Blooming Prairie  
Lorissa Hanson, Blooming Prairie  
Brandy Mausbach, Blooming Prairie  
Ronda Wagner, Duluth

### USWT WPD

Connie Fink, Monticello  
Amy Solinger, Hutchinson  
Emmy Koch, Hutchinson  
Daris Fraser, Hutchinson  
Shirley Viesselman, Hutchinson  
Jane Hanson, Madelia,  
Lori Goutermont, STMA  
Barbara Shade, Warroad  
Sharon Scholl, Monticello  
Michelle Kocak-Jones, Monticello  
Tawn Hanson, New Hope  
Deborah Campion, New Hope  
Ronda Wagner, Duluth



# PASSPORT

Name \_\_\_\_\_

Chapter \_\_\_\_\_

## Tri 1 Challenges

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Due Date: Sept. 5



2

## Tri 2 Challenges

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Due Date: Jan. 5

3

## Tri 3 Challenges:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Due Date: May 5

### Journey with MNWWT Down Life Street

- Complete Challenges each Trimester
- Email photo of completed Passport by due date to be entered into drawing
- Send photo or scanned copy to:

Email: [Womnwt.org](mailto:Womnwt.org) or  
Text: 320-761-1188



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