

# Minnesota Women of Today 2024-2025 MNJOTS CIP

Community Connections, "Beautiful Things Come Together One Stitch at a Time"

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#### Hello!

My name is Sara Rocksted and I am the new 2024-2025 Community Connections SPM(State Program Manager). I chose my theme "Beautiful Things Come Together One Stitch at a Time because a quilt is a lot like a community; it takes time to do the work to make it Beautiful. I'm hoping to bring some excitement this year to the position and learn what each chapter is doing to help their communities. I look forward to working with all of you and don't be shy about reaching out. Its going to be a great year!

Sara Rocksted

What projects do you run that would fall under Community Connections? Please take time to share your projects – whether you do it as a project of the trimester or to share it, we want to know what you are doing! An email would suffice if the trimester report were overwhelming to you. A few ideas you could email about:

- Walk-a-Thons
- Local Candidate
- Forum Blood Drive
- Relay for Life
- Adopt-A-Family
- Sharing Tree
- Back to School Collections
- Birthday Boxes
- Food Collections
- Highway or Park Clean Up
- Cards for the Troops
- Decorating at Senior homes
- Babysitting Clinics
- Bell Ringing

## **MNWT** Calendar

#### June

Review CIP and begin the fast Start Process

#### **July**

 Complete and Submit Fast Start July 15<sup>th</sup> 2024

### August

National Night Out August 6th

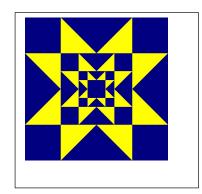
#### September

 Fall Convention September 27<sup>th</sup>-28<sup>th</sup> Brainerd

Please consult the MNWT official calendar at www.mnwt.org, under Events to ensure that other key dates are not missed.

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- Page 2: True Friends Information, Person with Determination Award
- See the MNWT President Chapter Information Packet (CIP) for this trimester's Bonus SUCCESS point information.



# Its Never too Soon to start Talking about:

# The Person with Determination Award

The Person with Determination Award is designed to honor an individual who has persevered and forged new paths through obstacles to become an integral part of their community. In order to hold a competition, there will be no less than three (3) entries received by November 1st. Entry information can be found under the Community Connections area of the MN website. Guidelines: The submission deadline is November 1. A complete submission includes - Nomination Information Sheet, Person with Determination Entry Resume, four (4) letters of recommendation (described below), and a \$25 nomination fee. Follow the Entry Resume format shown below. Entries not using the appropriate format will not be judged. Entry Resume must be typed. Times Roman 10pt is the smallest type allowed. Keep the entry neat and readable, using proper grammar and spelling. Type "Person with Determination Entry Resume" at the top of the first page. Type the nominee's name directly under this heading on the first page and at the top of each consecutive page of the resume. Entry Resume should be written in the third person format (he/she). Use outline format for the Entry Resume. Type the Roman numeral and entry heading as shown below (you do not need to type the words in parentheses). Then type your response in outline format. Entry Resume is not to exceed four (4) pages. Number pages in the lower right corner. Reduced copies are not allowed. Other materials such as pictures, newspaper articles, etc., are not to be included. Be specific and complete, using details. Emphasize the personal initiative shown by the nominee rather than just general involvement. Be specific on new ideas and programs the nominee has promoted and/or assisted with. Please follow the link to get more information on this award Minnesota Women of Today (mnwt.org)

# July is True Friends Emphasis Month!

- True Friends is a nonprofit organization providing life-changing experiences that enhance independence and self-esteem for children and adults with disabilities.
- True Friends' programs include camp, respite, retreats, team building, therapy and adaptive riding, and travel, serving over 25,000 individuals annually.
- True Friends serves individuals in Minnesota and throughout the United States.
- There are four camps that make up True Friends:
  - Camp Courage in Maple Lake
  - Camp Friendship in Annandale
  - o Camp Eden Wood in Eden Prairie
  - Camp Courage North in Lake George.
- They offer camps, respite, retreats, teambuilding, therapy and adaptive riding and travel. The Minnesota Women of Today and True Friends have had a relationship for many years.
- Our organization built the Boathouse and have done a lot of upkeep on it over the years.
- There are many ways that chapters can support True Friends sponsor camperships for campers from your community, volunteer as staff, help with clean up and upkeep.
- You are encouraged to visit their website to learn more: <u>Welcome to True Friends | Experiences and Adventures</u> for All Abilities | True Friends



If you are looking for ways to give to True Friends follow this link: Giving | True Friends