



Minnesota Women of Today
2023-2024 Winter State CIP
Programming Vice-President
Living, Giving & Sharing

Mary Kaminski
612-998-1381
 pvp@mnwt.org
www.mnwt.org



Programming Calendar

February 2024

MNWT Programming Emphasis: Priority Area

10: March Planning Recommendations Due to Chairman of the Board

28: MNWT Webinar: Laughter Yoga PEP Course

March 2024

2: March Planning

April 2024

15: Community Connections Award Nominations due to PVP

21-27: National Volunteer Week

30: L&L and US WPD Certifications due to L&L SPM

May 2024

1: Outstanding Achievement in Programming due to USWT Programming VP

2: 3rd Trimester Programming Report Due to PVP

2: Project of the Trimester Nominations due to SPMs

2: Outstanding Program Manager Nominations due to SPMs

4: LOTS Training-2024-2025 Board and LPMs

17-19: Annual Convention

Be sure to consult the MNWT official calendar at www.mnwt.org, under Events to ensure that other key dates are not missed.

Hello Programming Vice Presidents

What a fabulous 2nd trimester! You are all making impacts in your communities so give yourself and chapter members a round of applause. I enjoy reading the reports, project of the trimester and program manager of the trimester nominations. From donating items to domestic violence shelters, adopting a teen family for the holidays, providing meals for teens, holiday treats for firefighters, setting up a community doula project are just a few projects. No matter how big or small you are making your communities a better place.

Thank you to the 16 chapters that submitted their Programming reports. Those 16 chapters reported \$62,298.40 in cash and goods donated and 4,884 service hours. The current volunteer value per hour is \$31.80, the value of everyone's time converts to \$155,311.20.

Chapters completing their Programming Reports: Brainerd Lakes, Duluth, Avon, Sauk Rapids, St. Joseph, Monticello, Rogers-Otsego-Dayton, Anoka, Brooklyn Park, Champlin, Coon Rapids, Burnsville, New Hope, and Fairmont.

My dream on May 2nd is to have my email full of programming reports. If you forgot to submit this trimester or have not submitted at all this year, PLEASE, PLEASE, PLEASE send me your service hours and donations. Every hour and dollar counts!

Mary

3rd Trimester PVP Challenge

- Complete the Program Manager Trimester Report (report service hours and donations)
- Nominate at least one LPM for Program Manager of the Trimester
- Nominate at least one Project of the Trimester

Incentives will be provided at Annual Convention

In this CIP

Page 1:
 Calendar
 PVP Challenge

Page 2:
 USWT Programming
 Success Bonus Points
 Programming Awards
 SPMs Needed

Page 3:
 SPM highlights
 Finishing Your Year Strong

USWT Programming Opportunities

Why did my chapter receive recognition for completing a community connections programming report?

This is a bonus for completing your Programming Trimester Report. Like MNWT, the USWT requests programming information from chapters and states each trimester. Instead of requiring chapters to submit a separate report, the MNWT PVP reports the activity to the USWT PVP. So keep on sending your information to me for extra recognition!

What are some other ways for members or chapters to receive recognition from the USWT?

- Complete the USWT Wellness and Personal Development (WPD) Certification. LL SPM Pat has been promoting this certification. All members are encouraged to complete this certification once a year.
- Domestic Violence Awareness is an ongoing programming area for USWT. WW SPM, Sharon has promoted this year with challenges for chapters to hold events and/or share informational resources. For added recognition, chapters can submit an USWT DVA Transmittal when your chapter supports a domestic violence awareness project.
- All members are eligible to complete the Outstanding Achievement in Programming. The requirements are:
 - Complete the WPD Certification.
 - Participate in a local chapter or state service, educational or fundraising project.
 - Participate in one competition on the state or national level, such as impromptu, writing, speaking and other competitions offered by the MNWT LL SPM.

Submissions for all of the above are due by May 1, 2024, for recognition at USWT Annual Convention in June.

MNWT Trimester Programming Awards

Every trimester each State Program Manager recognizes one amazing project and one outstanding program manager as programming's best in their area for that trimester. They review nominations sent in from chapters and districts throughout the state and select the top entry for each programming area. Receiving an Outstanding Programming Manager or Project of the Trimester award is no small task and should be considered a special achievement.

No project is too big or small to be considered for the Project of the Trimester Award. As your chapter's PVP, you have the opportunity to nominate a project in each of the five areas.

Be sure to nominate all your LPMs each trimester for the Outstanding Programming Manager Award. (FYI: If you do not have LPMs you can still nominate a member that is doing outstanding work in a programming area.)

2024-2025 State Program Managers Needed

You might be thinking it is too early to plan for the 2024-2025 MNWT year, but the more lead time before officially starting is better! Do you have a passion for a specific programming area? Do you want to learn new skills, and share your talents with others? Contact me at 612-998-1381 or pvp@mnwt.org to find out what it takes to be an SPM.

You will receive one on one training to help prepare you for the bidding process, AND I will have a special gift for you as a thank you for your dedication to MNWT. It is a big advantage for you to get started early.

Tri 3 Presidential Bonus Points-Programming Area

- **Submit a nomination for Community Connections Awards by April 15th (50 pts)**
- **Participate in any SPM 3rd Trimester Challenge. State which programming area in descriptions. (25 pts/challenge, max 50 pts)**

For the full Presidential BONUS points, see President or CMVP CIP. For more information on SUCCESS, see CMVP CIP or www.mnwt.org under Success System Helpful Hints.

State Program Managers Highlights

We have five amazing SPMs to support your chapter's specific programming needs. You don't have to be an LPM to utilize these amazing ladies as a resource for your chapter. Be sure to read their individual CIPs to find out more about their focuses this trimester.

Community Connections (CC)

Open, cc@mnwt.org

Sandy Greninger sadly resigned her position due to health issues. We are continuing to use her theme of "Building Ships". This trimester focus is on Partnerships with promoting the community connections awards.

Living and Learning (LL)

Pat Undersander, ll@mnwt.org

Pat's theme is "Live Simply and BEE Grateful". See her CIP for information on "6 Ways to Live a Simple Life" and "How to Change Your Life for the Better."

Priority Area (Crescent Cove)

Sara Rocksted, Priority-area@mnwt.org

Sara's theme is "Make a Ripple-Change the World". This trimester she is promoting gift card donations to Crescent Cove.

Women's Wellness (WW)

Sharon Bergquist, ww@mnwt.org

Sharon's theme is "The Beat Goes On". See her CIP for information about "Exercise and the Heart" and her challenge for American Heart Month in February.

Youth of Today (YT)

Sandy Trossen, yt@mnwt.org

Sandy's theme is "Building Their Future". This trimester she has monthly challenges for donations of items to youth shelters, food shelves, and a challenge to create your own "homeless encampment" in April.

Finishing the Year Strong

We've entered the third trimester, and we are almost to the finish line. We may not have met all of our "visions" but this is the time to celebrate our successes, focus on being positive, training your successor and looking forward to new opportunities. A few ways to end the year strong:

- **Celebrate your chapter's accomplishments:** Focus on the positive aspects of helping your community, did a member chair a project for the first time, did the chapter try a new project or make an improvement to an long-standing project. Take time to enjoy the success and recognize those who supported your chapter.
- **Submit the 3rd trimester programming report:** Submit by May 2nd. If you did not report for the first two trimesters make sure you include the full year of activities. Every dollar, item and service hour make a difference.
- **Prepare your successor:** Give them a copy of your goals and the three PVP Chapter Information Packets (CIPs) from this year. This will give them the basic information to get started for next year. Encourage them to attend LOTS training on May 4th. Offer to plan/host a programming project for May 2024 to start the new year.
- **Celebrate YOUR accomplishments:** Be proud of what **you** did as PVP.

If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then you are an excellent leader. -Dolly Parton