



MNJOTS CIP 2016

Breaking Free SPM
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Kind Hearts, Helping Hands

Welcome to another amazing year LPMs and DPMS!

I am very excited to be your Breaking Free State Programming Manager (SPM). I look forward to continue educating each of you on this amazing organization and am excited at the chance to help many women and children break free from their unhealthy lifestyles. Many women were introduced to this lifestyle from childhood on and do not feel they have options or hope for anything else. Imagine being the third or fourth generation caught in a cycle of nothing but human trafficking/prostitution in your family.

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I have been volunteering with Breaking Free for the past couple of years. I am currently working with Brooklyn Park Women of Today soon to add Coon Rapids Women of Today to get a playground built at the permanent housing apartments.

A little about me, I have 3 children and 2 grandchildren. My daughter has joined the Coon Rapids Women of today, love doing volunteering with her. My 2 sons are moving out the first of June so I won't have any children at home. Bittersweet.

I would like to continue the great work that Brenda Kennelly has begun with our organization. There are many great opportunities to help Breaking Free. We can volunteer at many functions or donate many different types of items.

Thank you for this wonderful opportunity!

Sherry Boike - Priority-Area SPM



Local Program Manager Fast Start

The Local Program Manager Fast Start was designed to help you get involved and off to a great start in your new position. Complete and send to appropriate District Program Manager and Chapter Programming Vice President by August 1st.

1. Attend an LPM orientation (district or local), or meet with your chapter programming vice president one on one.
2. Write goals for the year. Submit a copy to your chapter programming vice president.
3. Write your District Programming Manager to introduce yourself and your ideas for the year. Include a copy of your goals.
4. Submit 1st trimester report on time.
5. Review LPM Manual. Include review date.

District Program Manager Fast Start

The District Program Manager Fast Start was designed to help you get involved and off to a great start in your new position. Complete and send to appropriate District Director, State Program Manager and District Programming Vice President by August 1st.

1. Write goals for the year.
2. Write your State Program Manager introducing yourself and your ideas for the year.
3. Contact the Local Program Managers in your district (if not available, contact the Chapter President instead). Verification to be date of phone call or copy of the letter or email.
4. Compile a list of Local Program Managers (name, address, phone number, email) for your area in your district.
5. Schedule a forum, visitation or presentation at district or chapter meeting.
6. Submit 1st trimester report on time.

REPORTING GUIDELINES

ANOTHER VERY VALUABLE TOOL IS ONLINE REPORTING. LPM AND DPM REPORTS AND TRANSMITTALS CAN ALL BE REPORTED ONLINE AT WWW.MNWT.ORG. THE LINK FOR THE LPM TRIMESTER REPORT IS [HTTP://MNWT.ORG//BOF/FORMS_RESULTS.PHP?FORMSID-S](http://MNWT.ORG//BOF/FORMS_RESULTS.PHP?FORMSID-S). FIND AND COMPLETE THE APPROPRIATE FORMS; YOUR REPORT WILL IMMEDIATELY BE SENT TO YOUR EMAIL ADDRESS. SEE PAGE 1 FOR DUE DATES FOR REPORTS AND TRANSMITTALS.

SUCCESS Bonus Points for 2016-17

1st Trimester

Presidential Success Bonus Points

\$50 donation to the State Plan of Action (POA) (50 points)
and/or

Hold an M-event, a PE Course or a Chapter Social (utilizing PR and NEWSLET) with at least 1 non-member attending the event during one of the "Investing in Membership" weeks of July 5-11 or August 9-15 AND sign 3 new members during July and August (50 points)

and/or

Celebrate Founder's Day by holding an M-event (utilizing PR) and submit USWT Founder's Day Participation form found in PR CIP (50 points)

and/or

Submit a 1st trimester LPM report in all nine (state sponsored) programming areas (100 points)

Maximum of 100 Bonus Points

There will be an **additional 100 Bonanza Points awarded** if ALL FIVE copies of the following are included:

Sales and Use Tax Permit

Articles of Incorporation

Proof of Annual Registration filing for 2015 (copy of email confirmation from MN Secretary of State)

Proof of insurance for the current year

Proof of 990 filing for fiscal year June 1, 2014-May 31, 2015 (copy of email confirmation from IRS dated after June 1, 2015).

BREAKING FREE 1st Trimester Challenge

The 1st Trimester Challenge is to encourage each chapter to bring their calendar to the Fall State Project Fair, or contact me prior to schedule a visit by myself/Breaking Free representative to your chapter meeting.

Promoting Breaking Free

Share all of the information you receive about Breaking Free with everyone you know everywhere you go!

1. Report at all meetings ~ make it fun and creative.
2. Submit articles to your district/chapter newsletter. Forward to NEWSLET for the State.
3. Ask for new ideas for projects/volunteer ideas ~ even if you are quite a distance you can do things to make a huge impact.
4. Do a press release in your local newspapers promoting your events and fund raising projects. After each event share articles with chapter, district and state Newslet with pride.
5. Present a project or outline to your chapter/chapter board. Include all details such as: best time of year for project, number of volunteer members needed, estimate cost/budget (if any) and share your goal to get others excited to help you reach it.

FALL STATE PROJECT FAIR

Please visit my Priority-Area booth at the Fall State Project Fair! If you are an LPM or DPM ~ Please introduce yourself for a special incentive. A representative from Breaking Free will be with me to answer any questions you may have. I will have information for all upcoming events for your chapter to hold. Bring your \$1 bills ~ I will have two nice baskets that each dollar will get you a ticket for during the convention. All funds are going to the Priority-Area funds which will go toward the purchase of a 16-20 person van for transporting the women to groups and events.

New Socks & Underwear

Please start collecting donations of all new socks & underwear. All different sizes, larger Women's sizes are needed most.

I will take all donations Friday evening and Saturday morning. Please come prepared with a count of items you are donating for a sign in sheet. **Special prize at winter state convention if your chapter submits a transmittal for your donation within one week of convention.

These donations will be going to the women and children of Breaking Free.

PACKING UP Hygiene Products for the Women

Breaking Free has groups that hit the streets and talk with women about Breaking Free from the life. During these outreaches they offer the women a packet of hygiene products so they can either clean up in a rest room or take back to their room with them ~ These packets mean the world!

Watch for the room assignment for this service project at the Fall Convention and stop in to help pack. It would be a shame if they were unable to offer these to the women as an incentive to just hear there's HOPE out there!