

Connect.  
Grow.  
Discover.

**Plan of Action  
Living and Learning  
2019-2020**

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**1. GOALS**

- a. Educate membership each trimester on the four areas of Living and Learning (LL): Self Improvement, Civic Awareness, Spiritual and Relationship Growth.
- b. Receive 10 entries per trimester to my Living and Learning Challenge called "Connect.Grow.Discover."
- c. Receive 75 Living and Learning Certifications, 75 Personal Development Certifications, 100 Health and Wellness Certifications and 5 Personal Enrichment Program (PEP) course certifications.
- d. Receive three entries in both the Effective Writing and Effective Speaking competitions, and 10 entries in the Impromptu Speaking competition.
- e. Hold book discussions and/or team activities at the convention fellowship sessions promoting self-improvement or empowerment topics.

**2. IMPLEMENTATION**

- a. Educate membership each trimester on the four areas of Living and Learning (LL): Self Improvement, Civic Awareness, Spiritual and Relationship Growth.
  - i. Promote the LL areas in Chapter Information Packets (CIP), Chapter Mailings, NEWSLET and LL Facebook (FB) page.
  - ii. Promote project ideas and PEP Courses available on self-improvement.
  - iii. Offer ideas for spiritual growth and meditation
  - iv. Provide membership with ideas on fellowship services at chapters and districts.
- b. Receive 10 entries per trimester to my Living and Learning Challenge called "Connect.Grow.Discover."
  - i. Topics for "Connect.Grow.Discover" challenge will be highlighted on the LL FB page.
  - ii. Chapters and individuals will be given a worksheet/activity to promote self-improvement or empowerment.
  - iii. Drawing will be held each trimester for any individual or group that submits the completed worksheet/activity.
- c. Receive 75 Living and Learning Certifications, 75 Personal Development Certifications, 100 Health and Wellness Certifications and 5 Personal Enrichment Program (PEP) course certifications.
  - i. Promote two requirements from each certification on the LL FB page each month.
  - ii. Drawing will be held each trimester for any member that submits a certification.
- d. Receive three entries in both the Effective Writing and Effective Speaking competitions, and 10 entries in the Impromptu Speaking competition.
  - i. Provide competition topics in CIPs, Chapter Mailings, NEWSLET, LL FB page.
  - ii. Recognize participants in each competition with an incentive.
- e. Hold book discussions and/or team activities at the convention fellowship sessions promoting self-improvement or empowerment topics.
  - i. Research and choose a self-improvement book each trimester for members to read.
  - ii. Provide discussion questions on the LL FB page for chapters to use.
  - iii. Lead a discussion session on the book at conventions.