



Minnesota Women of Today
 2020-2021 Winter CIP
 State Program Manager Living
 and Learning

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Hello MNWT members!!

We have finished trimester two, wow! It has flown by and has felt at a stand still at the same time. I hope that you have been finding time to do things for yourself. Maybe you have discovered a new hobby? Read a ton of books? Took time to rest your heart, your mind, your body? My hope is that I was able to provide for you some grace for yourself, some newness to your life, and growth. Please take what you have learned this year and take it with you into the next. We still have some time together and I hope that we continue to better ourselves for ourselves.

Melanie Chenoweth

What can you find in this CIP?

- Calendar of events
- Presidential bonus points
- Trimester challenges

Third Trimester Challenges

Chapter: Have a zoom certification night where you fill out your forms while chatting with each other.

Individual: Write a letter to yourself saying what you wish for yourself this year. Put it away to read at the end of the year.

Mini Challenges:

February: Drink water! Track how much you are getting. Is it enough? No? Set a goal to drink just 8oz more a day. Let me know how much you are drinking and what your goal is.

March: Declutter - go through a drawer, a cabinet, or a closet. What can you donate? What can you repurpose? Let me know what you did!

April: It is my birthday month and I challenge you to mail a card to someone just to say hello. Let me know when you do.

Dates That Require Your Attention

February

15 - Recommendations due to COB for March Planning

24 - Trimester Webinar 6-8

March

6 - Finance Committee Meeting

13 - March Planning

20 - Committee Meetings

26 - Area 2 Meeting

28 - Start Membership Week

April

15 - Renewals Due

17 - Foundation Meeting

18 - 24 Volunteer Week

May

Certifications are another way to help you be a well-rounded person and can be completed anytime throughout the year. Activities on the forms need to be completed between May 1st 2020 and April 30th 2021. <https://www.emailmeform.com/builder/form/64NVAFX9dZd> This link will take you to the MNWT Living & Learning Certification online form. Here is the USWT Wellness & Personal Development link to fill out the online form. <https://www.emailmeform.com/builder/form/5x1jlc4rfbE2vdfd5> Everyone that completes a certification will put into a drawing for an incentive at convention.

Presidential Bonus Points

3rd Trimester Success points!!!

Submit a Nomination for a Community Connections Year End Award (50 pts)

AND/OR

Hold an M Event during Membership Wee (3/28 to 4/3/21) (25 points)

AND/OR

Sign 3 New Members for 3rd Trimester (25 pts)

AND/OR

Reach 85% Retention for 3rd Trimester (50 pts)

AND/OR

Have 2 Members of your Chapter Attend the February Statewide Webinar (25 pts)

AND/OR

Submit a Chapter Article to the State NEWSLET (25 pts)

MAXIMUM OF 100 POINTS