



**Minnesota Women of Today**  
**2020-2021 Fall CIP**  
 Living and Learning  
 State Program Manager

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## Hello MNWT Members!!

It has been quite a start to this 2020/21 year! I appreciate all of you that participated in any of my challenges and all the living program managers that reached out. While I have not been able to do all of the things I imagined that I would be doing this year I am thankful for all of the extra things that technology allows. I am hopeful that we will be able to see each other in person before our year is over.

Melanie

### What can you find in this CIP?

- Calendar of events
- Trimester challenges
- LPMs who completed their fast start
- Certification links

### Thank you for sending in your fast starts:

Darlene Matthies	Sue Knuckey
Dawn Hendricks	Candy Freeman
Karen Cogger	Dottie Voigt
Melissa Luna	Cindy Sobczak

Minnesota Women of Today  
 Presidential Bonus Points for SUCCESS  
 Trimester 2, 2020-2021

Sign at least ONE new member during  
 Membership Week (November 29-December 5)  
 25 points  
 AND/OR

At least two chapter members attend  
 Trimester 2 Webinar on 10/28  
 25 points  
 AND/OR

Hold a Public Membership event during  
 Women of Today week (September 20-26)  
 Invite the Membership VP to get credit  
 25 points  
 AND/OR

Submit Program Manager Trimester Report  
 by January 2nd deadline  
 25 points  
 AND/OR

Submit a nomination for  
 Outstanding Young Adult, Women Who Impact and/or  
 Person with Determination Award  
 by November 1st deadline  
 50 points  
 MAXIMUM 100 POINTS

## Dates That Require Your Attention

### September

20 - 26 Women of Today Week

### October

26 Webinar

### November

1 OYA Nominations Due

1 Women Who Impact Nominations Due

1 Person with Determination Nominations Due

8 Mid-Year Evaluation Due

## IMPROMPTU COMPETITION!

Join me at Winter State convention to show off your speaking skills!

Certifications are another way to help you be a well-rounded person and can be completed anytime throughout the year. Activities on the forms need to be completed between May 1st 2020 and April 30th 2021. <https://www.emailmeform.com/builder/form/64NVAFX9dZd> This link will take you to the MNWT Living & Learning Certification online form. Here is the USWT Wellness & Personal Development link to fill out the online form. <https://www.emailmeform.com/builder/form/5x1jlc4rfbE2vdfd5> Everyone that completes a certification will put into a drawing for an incentive at convention.

## Second Trimester Challenges

**Chapter:** Do one of the mini challenges at a chapter meeting. Every chapter that tells me what you did will get entered into a drawing for an incentive.

**Individual:** Choose any personal development book to read and let me know what you read and if you would recommend it. Everyone that participates will be entered into a drawing for an incentive.

**Mini Challenges:**

**October:** Write a personal manifesto. A personal manifesto describes your core values and beliefs, the specific ideas and priorities that you stand for, and how you plan to live your life. This acts as both a statement of personal principles and a call to action. Send me yours for a chance at an incentive.

**November:** Do one thing that scares you and tell me what it was and how it went. It doesn't have to be grand. (When I first joined women of today just talking to the chapter in a meeting terrified me.)

**December:** Self-care!! This is a stressful time of year. Do one thing (or 20) for yourself. Tell me what you did and be entered into a drawing for an incentive.



**In reality,  
other people  
liking you is  
a bonus. You  
liking yourself  
is the real prize.**

**I would love to visit your chapter or district! Zoom makes it easy. I can even do a living and learning activity with you. Just contact me and we can talk about what you would like from me.**